

718 N. WEBER STREET
 COLORADO SPRINGS, CO 80903



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 www.pranavayogacenter.com

Please check the website for current schedule and teacher subs **PRANAVA YOGA CENTER™** **Please check the website for current schedule and teacher subs**
SCHEDULE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:30a - 7:30a Vinyasa level 1 Charlotte	6:30a - 7:30a Vinyasa level 1 Alison	6:30a - 7:30a Vinyasa level 1 Charlotte	6:30a - 7:30a Vinyasa level 1 Charlotte	6:30a - 7:30a Vinyasa level 1 Charlotte	7:30a – 9:00a Vinyasa level 1-3 Mike	
		8:30a – 10:00a Power Vinyasa level 1-3 Sara				
9:00a – 10:30a Dharma Yoga level 1-2 Mike	9:00a – 10:30a Basic Mike	9:00a – 10:30a Women’s Wellness Shelley	9:00a – 10:30a Dharma Yoga level 1-2 Mike	9:00a – 10:30a Basic Margy	10:00a – 11:30a Jivamukti Open level Jessica	10:00a – 11:30p Dharma Yoga level 1-3 Mike
12:30 p – 1:30p Vinyasa Express level 2 Becca	12:30 p – 1:30p Vinyasa Express level 2 Mike	12:30p – 1:30p Vinyasa Express level 2 Margy	12:30 p – 1:30p Vinyasa Express level 2 Sara	12:30 p – 1:30p Vinyasa Express level 2 Samantha	11:30a – 1:00p Basic Charlotte	12:00p – 1:30p Basic Gloria
3:30p – 5:00p Dharma Yoga level 1-3 Mike	3:30p – 5:00p Dharma Yoga level 1-3 Mike	3:30p – 5:00p Dharma Yoga level 1-3 Mike	3:30p – 5:00p Vinyasa level 1-3 Mike	3:30p – 5:00p Jivamukti Open level Jessica	12:00p – 2:00p Raja Yoga level 2-3 Mike	12:30p – 2:00p Vinyasa 1-3 Charlotte
5:30p – 7:00p Dharma Yoga level 1-3 Mike	5:30p – 7:00p Vinyasa level 1-3 Becca	5:30p – 7:00p Jivamukti Open level Jessica	5:30p – 7:00p Ashtnaga Vinyasa level 1-3 Lisa	5:30p – 7:00p Jivamukti Open level Jessica	2:00p – 3:30p Vinyasa level 1 Charlotte	
6:00p – 7:30p Basic Charlotte	6:00p – 7:30p Vinyasa level 1 Shelley	6:00p – 7:30p Basic Shelley	6:00p – 7:30p Vinyasa level 1 Charlotte	6:00p – 7:30p Vinyasa level 1 Lisa	4:00p – 5:30p Dharma Yoga level 1-3 Mike	